



August 2016

Newsletter No. 101

Brain Waves

A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

Living Through Landscapes

Living Through Landscapes is a pioneering project to support people with dementia by transforming outdoor spaces at 30 care homes across the UK
Find out more on page 2



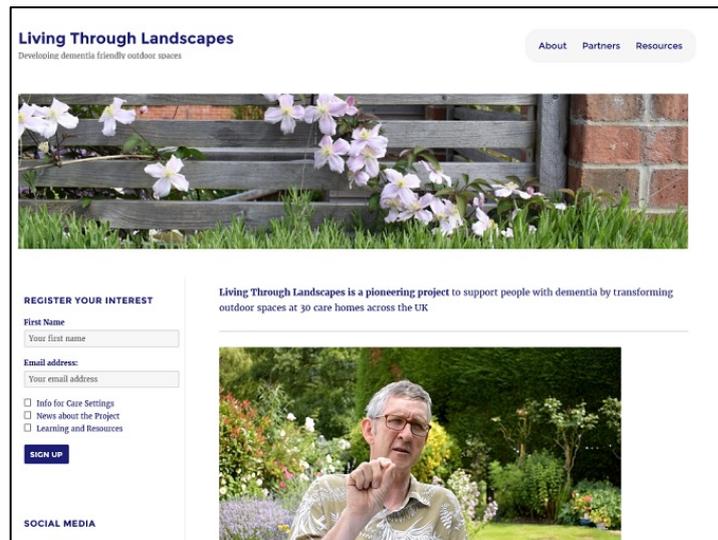
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Living Through Landscapes

Living Through Landscapes is a pioneering project to support people with dementia by transforming outdoor spaces at 30 care homes across the UK.

The project is a partnership between Learning Through Landscapes, Thrive, Age UK, Groundwork and the University of Kent, and is funded by the Big Lottery Fund.



We were happy to support Keith Oliver to help the charity Thrive make a film about what he thinks about the power of gardening and about the project as a whole.

You can find out more and see the film at the project website.

Go to: <http://dementiagarden.org.uk/>



Time to think about you
Information for carers, families and friends



Our friends at the South London Health Innovation Network have got together with the Carers Trust to produce some simple resources that aim to encourage family carers to be more aware of their own health, and the support available to them at their local GP and carers' centres.

Find out more at the Carers Trust website.

Go to: <https://professionals.carers.org/timetothinkaboutyou>

Support after a diagnosis of dementia

Thanks to the a DEEP 'Working Together' grant, EDUCATE (Stockport), Springboard (Oldham and Rochdale) and Minds and Voices (York) are collaborating to get more people with dementia involved in supporting those who are newly diagnosed. This will mean that people's chances of starting the journey well are improved.



EDUCATE members have supported post diagnostic groups for the last 4 years and it's a great opportunity for Springboard and Minds and Voices to draw on this and pool resources.

Although being part of the DEEP network may not be everyone's cup of tea, nor is that feeling of 'being left on a cliff edge' following diagnosis as many have put it.

The groups recognise that their members are uniquely placed to provide reassurance to and to increase the confidence of those recently diagnosed.

The groups will be holding a joint event on 5th October in Manchester to learn more about what people with dementia want from their post diagnostic support.

Following that they hope to bring something practical back to their own areas in terms of post diagnostic support. So watch this space!

For more information about DEEP go to www.dementivoices.org.uk



**Innovations
in Dementia**

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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If you wish to receive (or stop receiving) copies of this newsletter email newsletter@innovationsindementia.org.uk

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