



November 2016

Newsletter No. 104

Brain Waves

A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

Making an Impact Together

Philly has been working with three groups in the DEEP network to produce information about the impact their work is having.

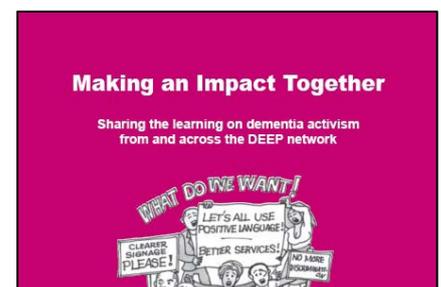
Find out more on page 2

In this newsletter:

Making an Impact Together p2

Get involved with the Reading Friends project p3

Our Dementia, Our Rights p4



Making an Impact Together

The common link between the different groups in the DEEP network is that they want to make change through collective action – whether at a local, regional, national or even international level.

The Impact of Dementia Activism project aims to find out how these groups are faring in terms of making an impact together, what they have learnt in the process, and whether this experience could be useful to others.

The project is funded through the ESRC's Impact Grant, and is a collaboration between Edinburgh Centre for Research on the Experience of Dementia (ECRED), Innovations in Dementia, the DEEP network and HammondCare.

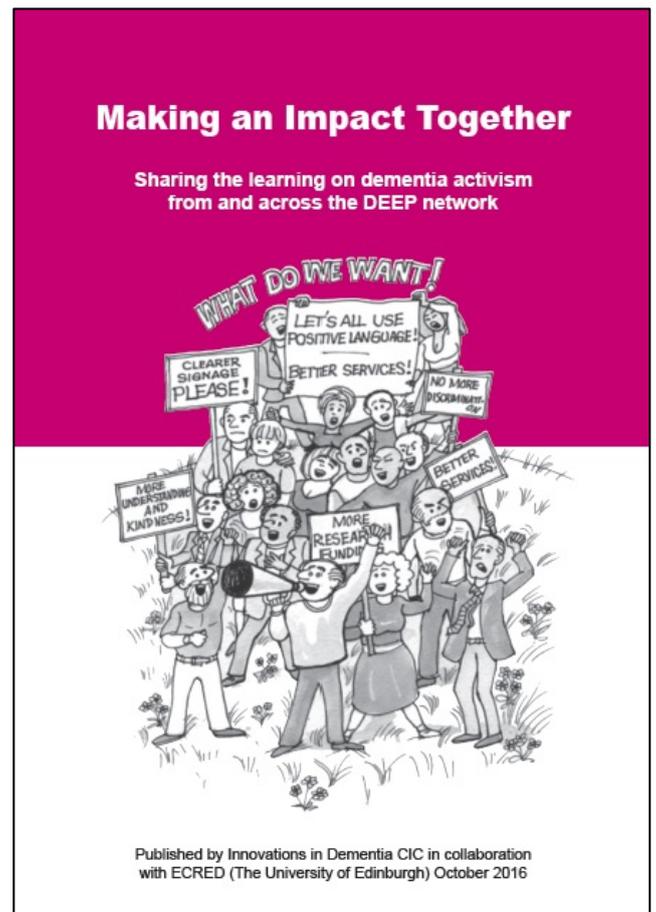
Philly has been working with three groups in the DEEP network: EDUCATE Stockport, East Kent Forget Me Nots, and SURF Liverpool.

The groups decided to produce a guide on 'Making an Impact Together'. In November 2016 the guide was launched at the UK Dementia Congress in Brighton and at the Alzheimer Europe conference in Copenhagen.

To complement the guide, Dementia Diaries produced film 'The Impact of Dementia Activism', in which seven members of the DEEP groups describe how they are trying to have an impact on social policy, practice and attitudes.

Find out more

Download the booklet and view the video at the Dementia Without Walls website: <http://dementiawithoutwalls.org.uk/thinking-differently-about-dementia/engagement/>



Get involved with the Reading Friends

Reading Friends is an exciting new UK-wide project that aims to empower, engage and connect people through reading. Reading Friends brings together volunteers (“Reading Champions”) and older people, including people with dementia and their carers (“Reading Friends”) through shared reading.

Reading Friends aims to develop shared reading powered by the social activism of participants and volunteers. It wants to be a truly co-produced model developed with partners and co-produced with older people including people with dementia and their carers.

The project might include:

- Shared reading - reading to and with others, talking about reading, reading related befriending, intergenerational reading, reading aloud, joining/setting up a reading group and/or book chats.
- Recommending reading - book gifting, reviews, word of mouth, curated lists.
- Supporting others to read –moving from being engaged by others to supporting others to engage (i.e. from being a “Reading Friend” to becoming a “Reading Champion”).

The Reading Agency would like to commission 6 test projects to explore ways of developing and delivering Reading Friends. The test projects will be consulted in the development of training and resources between January 2017 and May 2017 and will be funded for up to £10,000 to undertake activities between June 2017-May 2018.

Are you interested?

The Reading Agency is looking for expressions of interest from groups and organisations who might like to be involved.

To find out more email Nada at Innovations in Dementia nada@myid.org.uk or Katie at the Reading Agency katie.pekacar@readingagency.org.uk

Our Dementia, Our Rights

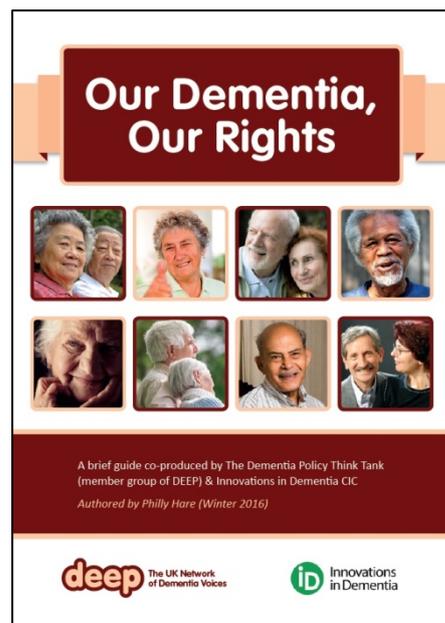
Philly has also been working with the Policy Think Tank which is part of the DEEP network.

Together they have produced a booklet highlighting the rights of people with dementia.

Living with dementia is a challenge, and people with dementia may need support. But getting the services and help that is needed is not always easy.

This booklet explains why it can be helpful to know, and talk about, our rights.

Go to: www.dementiawithoutwalls.org.uk/documents/our-dementia-our-rights/



Innovations in Dementia is run by four directors – Damian, Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

Email: ideas@innovationsindementia.org.uk. Telephone: 01392 420076
Innovations in Dementia CIC, PO Box 616, Exeter, EX1 9JB
Website: www.myid.org.uk

If you wish to receive (or stop receiving) copies of this newsletter email newsletter@innovationsindementia.org.uk

Registered as a community interest company No. 06046815